

# RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – DECEMBER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 8:45 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles <b>10:30 "MANAGING GRIEF DURING THE HOLIDAYS"</b> 12:30 Slow-moving Exercise <b>5:30 ZUMBA</b>	<b>2</b> 8:45 Aerobics 9-11 Silver Threads & Needles <b>9:30 BAKING CHRISTMAS COOKIES</b> 10:00-11:00 Computer Assistance 10:00 Yoga 1:00 Table Tennis <b>1:00 Wii FUN</b>	<b>3</b> 8:30 Wednesday Walk 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing <b>10:30 CHASE HIGH CHORUS</b> 12:30 Oil Art Group 12:30 Slow-moving Exercise <b>5:30 ZUMBA</b>	<b>4</b> <b>8:00 SHOPPING TRIP TO CONCORD MILLS</b> 9-11 Silver Threads & Needles <b>10:15 CRAFTING W/CRYSTAL (CHRISTMAS TREES)</b> 12:00 – 4:00 Bridge 12:30 – 2:00 Computer Assistance 12:30 Just Dance	<b>5</b> 8:45 Aerobics 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing <b>10:30 CHRISTMAS CARDS &amp; COCOA</b> <b>11:15 CHAIR EXERCISE</b> 12:30 Slow-moving Exercise 1:00 Table Tennis
<b>8</b> 8:45 Aerobics <b>9-11 BLOOD PRESSURE CHECK</b> 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 12:30 Slow-moving Exercise <b>1:00 TRIP TO JEWELRY SALE</b> <b>5:30 ZUMBA</b>	<b>9</b> <b>8:30 TRIP TO GROVE PARK INN GINGERBREAD HOUSE DISPLAY</b> 8:45 Aerobics 9-11 Silver Threads & Needles 10:00-11:00 Computer Assistance 10:00 Yoga <b>10:30 PEN PALS</b> 1:00 Table Tennis	<b>10</b> 8:30 Wednesday Walk 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing <b>10:00 PEN PALS PARTY</b> 12:30 Oil Art Group 12:30 Slow-moving Exercise <b>5:30 ZUMBA</b>	<b>11</b> <b>8:45 TRIP TO HAMRICK'S FOR CHRISTMAS SHOPPING</b> 9-11 Silver Threads & Needles <b>10:15 CRAFTING W/CRYSTAL (PAINTBRUSH SANTAS)</b> 12:00 – 4:00 Bridge 12:30 – 2:00 Computer Assistance 12:30 Just Dance	<b>12</b> 8:45 Aerobics 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing <b>10:30 RUTHERFORD ELEMENTARY 4TH GRADE PERFORMANCE</b> 12:30 Slow-moving Exercise 1:00 Table Tennis
<b>15</b> 8:45 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles <b>10:30 RECIPE CLUB</b> <b>11:15 CHAIR EXERCISE</b> 12:30 Slow-moving Exercise <b>1:00 BUTTERBEAN AUCTION</b> <b>5:30 ZUMBA</b>	<b>16</b> 9-11 Silver Threads & Needles 10:00-11:00 Computer Assistance <del>10:00 YOGA-CANCELED</del> <b>10:30 BURNS MIDDLE SCHOOL PERFORMANCE</b> 1:00 Table Tennis <b>1:00 Wii FUN</b>	<b>17</b> 8:30 Wednesday Walk 8:45 Aerobics 9-11 Silver Threads & Needles <b>9:30 CHRISTMAS TEA PARTY</b> 10:00 Line Dancing <b>10:30 ELLENBORO 1ST GRADERS "THE GRINCH"</b> 12:30 Oil Art Group 12:30 Slow-moving Exercise <b>5:30 ZUMBA</b>	<b>18</b> 9-11 Silver Threads & Needles <b>10:30 7TH &amp; 8TH GRADE CHASE MIDDLE CHORUS</b> 12:00 – 4:00 Bridge 12:30 – 2:00 Computer Assistance 12:30 Just Dance <b>2:30 CENTER'S CHRISTMAS RECEPTION</b>	<b>19</b> 8:45 Aerobics 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing <b>10:30 "NAME THAT TUNE"</b> 12:30 Slow-moving Exercise 1:00 Table Tennis <b>1:00 Wii FUN</b>
<b>22</b> 8:45 Aerobics 9:00 SilverStriders <del>9:00-2:30 Art Group-CANCELLED</del> 9-11 Silver Threads & Needles <b>10:30 CHRISTMAS MUSIC BY OPAL LOWERY</b> 12:30 Slow-moving Exercise	<b>23</b> 9-11 Silver Threads & Needles 10:00-11:00 Computer Assistance <del>10:00 YOGA-CANCELED</del> <b>10:30 "DIABETES &amp; CHRISTMAS: WHAT TO DO"</b> 1:00 Table Tennis	<b>24</b> <b>CLOSED FOR CHRISTMAS</b> 	<b>25</b> <b>CLOSED FOR CHRISTMAS</b> 	<b>26</b> <b>CLOSED FOR CHRISTMAS</b> 
<b>29</b> 8:45 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 12:30 Slow-moving Exercise <b>5:30 ZUMBA</b>	<b>30</b> 9-11 Silver Threads & Needles 10:00-11:00 Computer Assistance <del>10:00 YOGA-CANCELED</del> <b>11:15 CHAIR EXERCISE</b> 1:00 Table Tennis	<b>31</b> 8:30 Wednesday Walk 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing <b>10:30 NEW YEAR'S RESOLUTIONS FUN &amp; GAMES</b> <b>11:30 BIRTHDAY CELEBRATION</b> 12:30 Oil Art Group 12:30 Slow-moving Exercise	<b>JANUARY 1, 2015</b> <b>CLOSED FOR NEW YEAR'S DAY</b> 	<b>JANUARY 2, 2015</b> <b>NEW YEAR'S DANCE</b> <b>6:00 – 9:00 P.M.</b> (doors open 5:45) 

**SENIOR CENTER HOURS OF OPERATION: MONDAY 7:30 a.m.–5:00 p.m. & TUESDAY - FRIDAY 8:30 a.m.–5:00 p.m.**

If you have questions about the Center or would like to make an appointment with a certified SHIP counselor call 287-6409

**DAILY DROP-IN EVENTS:** Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles

**ALSO AVAILABLE:** Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Notary Public, Wi-Fi, Scheduled Transit Stop